

Psychotherapy Patient Referral Form

Patient's Name: _____

Patient's Contact Number: _____

Diagnosis & Additional Details (Please specify):

- Depression
- Anxiety
- PTSD (Post-Traumatic Stress Disorder)
- Panic Disorder
- Adjustment Disorder
- Other (Please specify the DSM-5 diagnosis*): _____

Comments: _____

Mandatory for IFHP

Referring Physician (MD/NP) _____

Contact Information _____

Referral Date _____

Signature _____